

BIOLOGICAL PSYCHIATRY CONGRESS 2026
In collaboration with International Neuropsychiatric Association (INA)
 Thursday 26 November - Sunday 29 November 2026
 Century City Conference Centre, Cape Town
Preliminary Programme (subject to change)

THURSDAY 26 NOVEMBER

PRE-CONGRESS WORKSHOPS

MORNING WORKSHOPS (Parallel)

09:00	REGISTRATION FOR MORNING WORKSHOPS	FOYER AREA 1ST FLOOR
09:30 - 13:00	Workshop 1: International Neuropsychiatry Association (INA) - Neuropsychiatry Update Part 1: <u>Morning Session</u>	<i>Facilitator: Prof Sheldon Benjamin</i>
09:30 - 11:00	Neurodevelopmental disorders Neurodevelopmental and mental health comorbidities ADHD: where are we now and where should we be going	Prof Valsamma Eapen Prof Dave Coghill
11:30 - 13:00	Sleep and related disorders Body clocks- who gets it and how to fix it Abnormalities of dreaming in neurological disease	Prof Colin Shapiro Prof Mark Solms
09:30 - 13:00	Workshop 2: Addressing self-harming behaviours Content: Will focus on suicide prevention, psychological first aid, self-harm in specific contexts e.g borderline PD	<i>Facilitator: Dr Thupana Seshoka</i> Dr Fiona Schulte
	Repetitive behaviours in autism/ID/tourette's/eating disorders Self-Harming Behaviour in Autism Spectrum Disorder and Intellectual Disability: Medico-legal and Ethical Perspectives	Dr Christina van der Merwe Prof Carla Kotzé
09:30 - 13:00	Workshop 3: Managing medical comorbidities in psychiatry – what every psychiatrist should know about the heart Content: The interplay between the cardiovascular system and psychiatric illness, preventative cardiology - are there a scientific basis? Safe prescribing in cardiac disease (or other medical conditions)	<i>Facilitator: Prof Dana Niehaus</i> Dr Rust Theron Dr Editruda Gamassa Dr Kerry-Ann Louw
09:30 - 13:00	AfCNP (African College of NeuroPsychopharmacology) Network Symposium	<i>Facilitator: Prof Bonga Chiliza</i>
09:30 - 09:40	Welcome	
09:40 - 10:20	Traumatic stress across generations – neurobiological insights from a South African birth cohort study	Prof Nastassja Koen
10:20 - 11:00	Suicide risk associated with PTSD in western Kenya: Implications for clinical practice	Prof Lukoye Atwoli
11:00 - 11:40	The Physiological Mechanisms Underlying the Effectiveness of Psychoeducation and Breathing in PTSD: A Case Study of the BREATHE Intervention	Dr Keneilwe Molebatsi
11:40 - 12:20	Integrating the management of mental health disorders in HIV care	Prof Noline Nakasujja
12:20 - 13:00	AfCNP Annual General Meeting	Prof Bonga Chiliza
13:00 - 14:00	LUNCH FOR ALL WORKSHOP DELEGATES	FOYER AREA 1ST FLOOR
13:30	REGISTRATION FOR AFTERNOON WORKSHOPS	FOYER AREA 1ST FLOOR

AFTERNOON WORKSHOPS (Parallel)

14:00 - 17:30	Workshop 4: International Neuropsychiatry Association (INA) - Neuropsychiatry Update Part 2: <u>Afternoon Session</u>	<i>Facilitator: Prof Leigh van den Heuvel</i>
14:00 - 15:30	The current status of dementia What is new in dementia? The current status of evidence What can we do to prevent dementia at the individual and population levels?	Prof Perminder Sachdev Prof Dana Niehaus
16:00 - 17:30	FND Masterclass: What is FND and how is it assessed and managed? What FND is and isn't - evolving concepts and aetiology How FND is optimally managed: assessment and treatment	Dr Tim Nicholson Dr Niruj Agrawal
14:00 - 17:30	Workshop 5: Women's Mental Health – the challenges of the perimenopausal period Content: The biological changes associated with the perimenopausal period - a practical approach to the management of perimenopausal mental and physical health	<i>Facilitator: Dr Elsa du Toit</i> Dr Elsa du Toit Dr Azelle Mayne Dr Sheana Jones
14:00 - 17:30	Workshop 6: How what you eat affects your mind Content: 1. Evidence of diet-based prevention and interventions for psychiatric disorders (including dementia), how to advise patients regarding healthy nutrition based on the available evidence	<i>Facilitator: Dr Thupana Seshoka</i> Dr Lihle Mgweba-Bewana Ms Kallie Pillay Dr Anthea Maziena
14:00 - 17:30	Workshop 7: Applying mindfulness in your practice Content: Will focus on the scientific basis for mindfulness interventions, a practical approach to mindfulness interventions that psychiatrists could implement with their patients in their routine practice.	<i>Facilitator: Dr Erine Bröcker</i> Dr Tessa Roos Mr Clayton Arendse Dr Tshepiso Palweni-Zwana
14:00 - 17:30	SASOP BOD MEETING (TBC)	

18:00 - 19:15	PLENARY SESSION 1 - Welcome & Opening keynote address	HALL B/C
18:00 - 18:30	Welcome and official opening of congress	Prof Leigh van den Heuvel and Prof Valsamma Eapen Prof Perminder Sachdev
18:30 - 19:15	Keynote 1: Can we hope to live to 150? Longevity, brain ageing and the neuropsychiatric perspective	
19:15	REGISTRATION OPENS FOR MAIN CONGRESS	FOYER AREA GROUND FLOOR
19:15	WELCOME COCKTAIL RECEPTION	EXHIBITION HALL
FRIDAY 27 NOVEMBER		
07:15 - 08:15	TRADE SPONSORED BREAKFAST SYMPOSIUM - GILEAD	
	Topic TBC	Speaker TBC
08:30 - 10:00	PLENARY SESSION 2	HALL B/C
08:30 - 09:15	Keynote 2: The latest advances in the biological treatment of obsessive-compulsive disorder arising from the just published ICOCS/CANMAT treatment guidelines	Prof Vlasios Brakoulis
09:15 - 10:00	Keynote 3: Recovery from acute sports-related concussion: Differences across age and levels of play	Dr Ruben Echemendia
10:00 - 10:30	TEA/COFFEE	EXHIBITION HALL
10:30 - 12:30	PARALLEL SESSION 1	
	PARALLEL SESSION 1A - Panel discussion: Differentiating cognitive impairment from other neuropsychiatric symptoms post-concussion	HALL B
10:30 - 10:40	Introduction to panel theme	Prof Jon Patricios
10:40 - 11:00	Key psychological factors associated with Persistent Symptoms following Concussion	Dr Ruben Echemendia
11:00 - 11:20	Injury mechanisms of repeated mild traumatic brain injuries (TBIs)	Dr Matthew Lennon
11:20 - 11:40	Common neuropsychiatric disorders that may cause cognitive symptoms	Dr James Burger
11:40 - 12:00	Functional cognitive symptoms following concussion	Dr Niruj Agrawal
12:00 - 12:30	Interactive discussion between panel members and audience	
	PARALLEL SESSION 1B - The neurobiology underpinning neuropsychiatric disorders	HALL C
10:30 - 10:50	Mega-analysis of Structural Brain Imaging in Functional Neurological Disorder	Dr Tim Nicholson
10:50 - 11:10	Psilocybin in functional neurological disorder (PsiFUND): safety, mechanistic and clinical findings from an open-label study	Dr Matt Butler
11:10 - 11:30	Emotional Reactivity After Selective Amygdalohippocampectomy for Mesial Temporal Lobe Epilepsy: A Cross-Sectional fMRI Comparison with Healthy Controls	Prof Boujraf Said
11:30 - 11:50	Association between genomic risk for depression and executive function via symptom-mediated pathways	Prof Luciana Tovo-Rodrigues
11:50 - 12:10	Cognitive insight, executive function and brain structure in a non-clinical sample	Dr Daniel Benjamin Abrams
12:10 - 12:30	Catatonia neurobiology: A critical review using the research domain criteria	Dr Emmanuel Kiiza Mwesiga
	PARALLEL SESSION 1C - Developments in psychosis and related disorders	HALL D
10:30 - 10:50	Gender identity in schizophrenia: insights from a South African first-episode cohort	Dr Hilmar Luckhoff
10:50 - 11:10	The PSYchosis MAPping in KwaZulu-Natal (PSYMAP-ZN) Study – Design and Methods	Prof Bonga Chiliza
11:10 - 11:30	A working model of schizophrenia based on an umbrella review of neuroimaging studies and a conceptual framework linking pathophysiology and psychopathology	Dr Matteo Martino
11:30 - 11:50	Resting-State EEG Characteristics of Tardive Dyskinesia: Spectral and Network Connectivity Insights	Dr Junliang Yuan
11:50 - 12:10	Catatonia Knowledge in Medical Practitioners from Low-Resource Settings	Dr Andrea Kaggwa Kaddu
12:10 - 12:30	Pre-treatment brain structural associations with temporal evolution of extrapyramidal symptoms over 24 months of antipsychotic treatment in first-episode schizophrenia spectrum disorders	Dr Christoff Geldenhuys
	PARALLEL SESSION 1D - Bridging Psychiatry and Neurology: Neuro-Autonomic Network Dysregulation in ME/CFS and Long COVID	MEETING ROOM 11
10:30 - 10:50	Bridging psychiatry and neurology: a regulatory network model (CARN) for ME/CFS	Prof Sadre Chirazi Stark Michael
10:50 - 11:10	Long COVID related Differences in Brainstem- Hypothalamic and Limbic- Thalamic Connectivity: A DTI and Volumetric MRI Study	Dr Ziaja Christof Peter
11:10 - 11:30	MRI Evidence of Choroid Plexus and Brainstem Structural Changes in Long COVID Patients	Dr Ziaja Christof Peter
11:30 - 11:50	Modulating neuro-autonomic dysregulation in ME/CFS: clinical outcomes of an ANS regulation training program	Prof Sadre Chirazi Stark Michael
11:50 - 12:10	Investigating the association between the gut microbiome and psychiatric symptoms in Long COVID patients	Ms Dineo Madikgetla
12:10 - 12:30	Understanding healthcare workers' mental health support needs: exploring mobile mental health app requirements for routine and crisis work periods	Mrs Pheny Motswai
	PARALLEL SESSION 1E - The neurobiology and complexity of substance use and addictive disorders	MEETING ROOM 8/9
10:30 - 10:50	Impulsivity and compulsivity in individuals who gamble: findings from an international survey	Ms Kayleigh Beukes
10:50 - 11:10	MRI-derived brain-predicted age difference in women with HIV: Impact of hazardous alcohol use	Mr Kabelo Maloka
11:10 - 11:30	The Neural Correlates of Substance Dependence: An ENIGMA Addiction working group study	Dr Freda Scheffler
11:30 - 11:50	Neurorestorative Properties of Ibogaine: Linking Multi-Receptor Affinities to Remyelination and Metabolic Restoration	Dr Tanya Calvey
11:50 - 12:10	The efficacy of a mental health self-management app in improving lifestyle variables in healthcare workers working during the COVID-19 pandemic: A randomised controlled trial	Dr Sinombulelo Boo
12:10 - 12:30	Alcohol use and sleep quality in South African adults: Exploring the role of cognitive insight	Ms Marchelle Cheldine Samuels
12:30 - 14:00	LUNCH	EXHIBITION HALL
12:45 - 13:45	SASOP AGM	HALL B/C

12:45 - 13:45	POSTER PRESENTATIONS	FOYER AREA GROUND FLOOR
14:00 - 15:30	PLENARY SESSION 2	HALL B/C
14:00 - 14:45	Keynote 4: What makes us tic? Pathogenesis and comorbidities	Prof Valsamma Eapen
14:45 - 15:30	Keynote 5: Problematic Usage of the Internet (PUI) – Advances in Diagnosis, Brain Mechanisms, Interventions and Public Health Policy	Prof Naomi Fineberg
15:30 - 16:00	TEA/COFFEE	EXHIBITION HALL
15:30 - 16:00	AGM of the ADHD Special Interest Group	Venue: Hall D
16:00 - 18:00	PARALLEL SESSION 2	
	PARALLEL SESSION 2A - Traumatic Brain Injury: An expert update on management guidelines, stimulant use and long-term outcomes	HALL B
16:00 - 16:30	Developments in Concussion Assessment and Management: An update on the latest guidelines	Dr Niruj Agrawal
16:30 - 17:00	Understanding the long-term outcomes of TBI – A systematic review and meta-analysis	Dr Matthew Lennon
17:00 - 17:30	Stimulants for Post-TBI symptoms: Emerging evidence and current best practice	Dr James Burger
17:30 - 17:45	STAIR Coach: A Smartphone Application to Treat PTSD in Kenya	Dr Kristina Korte
17:45 - 18:00	Profound changes: experiences of family carers of older patients with delirium in Aotearoa New Zealand	Dr Lina Groenewald
	PARALLEL SESSION 2B - The reporting of an impaired practitioner: Who, when, how, and why?	HALL C
16:00 - 16:30	Why the Health Committee?	Prof Gerhard Grobler
16:30 - 17:00	Ethical wisdom in grappling with the decision to report an impaired colleague	Prof Werdie van Staden
17:00 - 17:30	Maintaining the therapeutic relationship while treating an impaired physician	Dr Melane van Zyl
17:30 - 18:00	The process on managing impaired practitioners and students under the HPCSA Regulatory framework	Mrs Basani Malambe
18:00 - 18:30	AGM of the Psychotherapy Special Interest Group	
	PARALLEL SESSION 2C - ADHD beyond the clinic	HALL D
16:00 - 16:30	ADHD in athletes: exercise as self-medication, medication as treatment and navigating Therapeutic Use Exemptions	Dr James Burger
16:30 - 17:00	The fun, fails and fixes of ADHD care: what real patients teach us about better treatment	Prof Renata Schoeman
17:00 - 17:30	Unheard and unseen: Cultural and gender sensitivities in recognizing and treating ADHD	Dr Wisani Makhomisane
17:30 - 17:45	Maternal gut and vaginal microbiota alterations associated with prenatal alcohol exposure and infant fetal alcohol spectrum disorders diagnosis	Ms Lauren Martin
17:45 - 18:00	Prenatal exposure to maternal depressive symptoms and early-life longitudinal inflammation and behaviour in South African children	Prof Pieter Naudé
	PARALLEL SESSION 2D - Registrar session	MEETING ROOM 11
16:00 - 16:15	Does resilience moderate the relationship between perceived stress and cognition in healthy adults?	Dr Nikita Hagroo
16:15 - 16:30	Neutropenia-related clozapine discontinuation practices and cost of haematological monitoring	Dr Mamello Ndimane
16:30 - 16:45	Association between criminal charges and socio-demographics and clinical profiles of state patients admitted at a tertiary hospital in Gauteng, South Africa	Dr Thabang Lucas Lobese
16:45 - 17:00	Hair cortisol concentrations as a stress-related outcome marker of a mental health self-management app intervention in healthcare workers during the COVID-19 pandemic	Dr Jaci Holdsworth-Jenkins
17:00 - 17:15	Exploring a profile of suicide victims in a large rural area, in Mpumalanga, South Africa	Dr Tamsyn Oldwadge
17:15 - 17:30	The impact of a brief psychoeducational intervention on hospital security personnel's attitudes towards aggression and violence management at Cecilia Makiwane Hospital	Dr Inathi Mncinci
17:30 - 18:00	Beyond the paper: science communication as a clinical and research responsibility	Dr Farhanah Sallie
	PARALLEL SESSION 2E - From gap to gain: Transferability and Discovery in African-Ancestry Psychiatric Genetics	MEETING ROOM 8/9
16:00 - 16:25	Sequence-Based GWAS and Polygenic Risk Analysis of Schizophrenia and Suicide Attempts in a South African Xhosa Cohort	Ms Pheziwe Mshunqwane
16:25 - 16:50	Leveraging broader representation from continental Africa and diaspora populations to enhance schizophrenia locus discovery, fine-mapping, and prediction	Dr Kristien van der Walt
16:50 - 17:15	Evaluating the performance of polygenic risk score- & machine learning-based classification for the prediction of posttraumatic stress disorder in a South African population	Mr Morné Du Plessis
17:15 - 17:40	Consistent effects of rare exonic variants on child development and cognitive performance in African and European populations	Ms Michaela O'Hare
17:40 - 18:00	The Uganda Genome Resource-Nexus (UGR-Nexus): An integrative multi-omics and deep clinical, cardiometabolic and psychiatric phenotyping platform for genomic discovery in Africa	Dr Allan Kalungi
18:00 - 20:00	CPPSYCH Registrar Training session (Limited to registrars planning to write exams in 2027)	MEETING ROOM 11
18:00 - 19:00	CMSA COUNCIL MEETING	MEETING ROOM 8/9
18:15 - 19:30	TRADE SPONSORED DINNER SYMPOSIUM - Adcock Ingram	
	Topic TBC	Speaker TBC
19:30	FREE EVENING FOR DELEGATES	
18:45	KEYNOTE SPEAKERS' DINNER ** BY INVITATION ONLY	

SATURDAY 28 NOVEMBER

07:15 - 08:15	TRADE SPONSORED BREAKFAST SYMPOSIUM - CIPLA	
	Topic TBC	Speaker TBC
08:30 - 10:00	PLENARY SESSION 3	HALL B/C

08:30 - 09:15	Keynote 6: Personalising antidepressant treatment in real-world clinical practice	Prof Andrea Cipriani
09:15 - 10:00	Keynote 7: Closing the gap - understanding first episode psychosis to improve clinical outcomes	Prof Saeeda Paruk
10:00 - 10:30	TEA/COFFEE	EXHIBITION HALL
10:30 - 12:30	PARALLEL SESSION 3	
	PARALLEL SESSION 3A - The biological effects of stress and adversity across the lifespan	HALL B
10:30 - 10:50	Maternal traumatic stress and newborn DNA methylation in a South African birth cohort study	Prof Nastassja Koen
10:50 - 11:10	Childhood adversity and contemporary stress influences on inflammatory biology among adolescents	Dr Uma Rao
11:10 - 11:30	Delineating gut microbiome profiles associated with presentation of posttraumatic stress disorder, anxiety, and depression symptoms in South Africans – The SANeuroGUT study	Mr Robert Glennon
11:30 - 11:50	Bridging psychobiology and collective healing: A life-course framework for mental health in conflict-affected African and diaspora communities	Dr Kirindi Odindo
11:50 - 12:10	Investigating lifestyle factors in posttraumatic stress disorder (PTSD) and comorbid metabolic syndrome	Dr Rubin Mahomed
12:10 - 12:30	Objective and subjective executive functioning performance in South African adolescents with internalising disorders	Ms Geraldine Fontaine
	PARALLEL SESSION 3B - The broad spectrum of autism and neurodevelopmental disability	HALL C
10:30 - 11:00	Autism in adulthood: diagnostic approaches	Dr Roma Vasa
11:00 - 11:30	Neurologic complications and pharmacologic treatment strategies common in ASD	Dr Jay Salpekar
11:30 - 12:00	Rethinking suicide risk in neurodevelopmental disorders: moving beyond assumptions	Dr Carmen Lopez
12:00 - 12:15	Brain Derived Neurotrophic Factor in Children and Adolescents in the Australian Autism Biobank: The Moderating Role of Language Regression on Sex Differences	Dr Alicia Montgomery
12:15 - 12:30	“I have to accept and understand him better”: Exploring Black African Parents’ Experiences of Raising a Child with Autism Spectrum Disorder	Dr Thandiwe Mokgomola
	PARALLEL SESSION 3C - Improving outcomes of individuals with functional neurological disorder (FND) in resource limited settings	HALL D
10:30 - 10:50	A lived experience of Functional Neurological Disorder (FND) and comorbid complex-PTSD	Mrs Audrey Bart
10:50 - 11:15	Beyond the EEG: Functional seizures in low-resource settings	Prof Chrisma Pretorius
11:15 - 11:40	The treatment of functional neurological disorder (FND) in resource limited settings	Prof Leigh van den Heuvel
11:40 - 12:05	Functional Neurological Disorder: Considerations around incapacity and the workplace	Dr Prinesh Miseer
12:05 - 12:15	Design of a multidisciplinary framework for functional neurological disorder (FND) in South Africa	Dr Shirleen Kieswetter-Titus
12:15 - 12:25	Multisensory integration and movement in individuals with functional seizures	Ms Ria Agrawal
	PARALLEL SESSION 3D - The future of Neuropsychiatry Education: Views from around the Globe	MEETING ROOM 11
10:30 - 11:00	Graduate neuropsychiatry education: History and current practices	Prof Sheldon Benjamin
11:00 - 11:30	Brain Medicine: Expanding the tent of neuropsychiatry	Dr Sara Mitchell & Ms Sarah Levitt
11:30 - 12:00	Understanding the core elements of neuropsychiatry and behavioral neurology curricula	Dr Matthew Lennon
12:00 - 12:30	Development of an international neuropsychiatry curriculum using a modified Delphi Process	Prof Valsamma Eapen
	PARALLEL SESSION 3E - The interface between psychiatric disorders and other medical conditions	MEETING ROOM 8/9
10:30 - 10:50	Mental disorder comorbidity, traumatic experiences, and coping among people living with HIV: A cross-sectional study of post-traumatic stress, depression, anxiety, and suicidality in Kilimanjaro, Tanzania	Dr Kim Madundo
10:50 - 11:10	A pilot pre-post trial of the feasibility, acceptability, tolerability, and efficacy of accelerated bilateral theta-burst stimulation for depression in adults with HIV in South Africa	Dr Erine Bröcker
11:10 - 11:30	Prevalence and factors associated with psychiatric disorders among people living with HIV in Dodoma, Tanzania	Dr Etropia Costantine
11:30 - 11:50	Cognitive impairment and structural magnetic resonance imaging of female patients with neuropsychiatric systematic lupus erythematosus in low disease activity state	Dr Shiyang Wang
11:50 - 12:10	Prevalence And Factors Associated With Psychiatric Comorbidities Among Children And Adolescents With Epilepsy Attending Clinic At Mirembe National Mental Health Hospital: A Cross-Sectional Study	Dr Amina Zahour
12:10 - 12:30	Cardiovascular-related proteomic signatures and depressive symptoms in a South African population-based cohort	Dr Esmé Jansen van Vuren
12:30 - 13:45	LUNCH	EXHIBITION HALL
12:45 - 13:30	POSTER PRESENTATIONS	FOYER AREA GROUND FLOOR
12:45 - 13:45	CMSA ANNUAL GENERAL MEETING	MEETING ROOM 11
13:45 - 15:15	PLENARY SESSION 4	
13:45 - 14:30	Keynote 8: The social origins of bodily self-consciousness: neuroanatomical and experimental evidence	Dr Sahba Besharati
14:30 - 15:15	Keynote 9: INA Cajal Oration Award - Dysmetria of thought: The cerebellum in neuropsychiatry and systems neuroscience	Prof Jeremy Schmahmann
15:15 - 15:45	TEA/COFFEE	EXHIBITION HALL
15:45 - 17:45	PARALLEL SESSION 4	
15:45 - 17:45	PARALLEL SESSION 4A - Dan J Stein memorial symposium: Focused on the OCD spectrum	HALL D
15:45 - 16:00	Dan J Stein Tribute	Prof Heather Zar
16:00 - 16:25	The obsessive-compulsive spectrum: Advances in diagnosis, mechanisms, and treatments	Prof Naomi Fineberg
16:25 - 16:50	Tourette’s disorder, OCD and Tourettic-OCD: Split or lump?	Prof Valsamma Eapen
16:50 - 17:15	Methylome-wide study of Childhood-onset OCD and CBT Response	Prof S. Evelyn Stewart

17:15 - 17:40	Trichotillomania (hair-pulling disorder): The root of the problem	Prof Christine Lochner
15:45 - 17:45	PARALLEL SESSION 4B - Psychiatry 3.0: Competing with Influencers, Countering Antipsychiatry, and Leading the Shift to Rapid, Brain-Based Interventions	MEETING ROOM 8/9
15:45 - 16:15	Validation Without Collusion: Responding to TikTok Diagnoses and Antipsychiatry Sentiment	Dr Michelle Beukes-King
16:15 - 16:45	How rating scales move us more into real of measuring outcomes and give us authenticity as a medical speciality	Dr Michael Ferreirinha
16:45 - 17:15	Psychiatry 1,2,3: Psychotherapy, Psychopharmacology, Neuromodulation. The tools that make us better psychiatrists	Dr Marcelle Stastny
17:15 - 17:45	Rapid interventions: Curse or Cure	Dr Bavi Vythilingum
17:45 - 18:15	AGM of the Interventional Psychiatry Special Interest Group	

15:45 - 17:45	PARALLEL SESSION 4C - New Frontiers in Mental Health: Discovery Science, Ethics, and Reflective Inquiry	MEETING ROOM 10
15:45 - 16:15	GALENOS: a literature-based discovery science in mental health	Prof Andrea Cipriani
16:15 - 16:35	Rebranding GALENOS: A mixed-methods, stakeholder-led consultation approach to building a trusted mental health resource	Ms Hannah Lukic
16:35 - 17:00	An ethical and legal analysis: the case for psilocybin therapy for MDD/PTSD in South Africa	Dr Sandra Fernandes
17:00 - 17:25	The emotion of awe: psychology, neuroscience, and benefits	Dr Marc Roffey
17:25 - 17:45	Perception and readiness for end-of-life care discussions in psychiatric patients at Weskoppies hospital. A qualitative study	Dr Refiloe Ramushu
15:45 - 17:45	PARALLEL SESSION 4D - Stress and trauma in early development and biopsychosocial perspectives of the onset of trauma-related mental ill-health	MEETING ROOM 11
15:45 - 16:10	Continuous traumatic stress and its associated factors among adolescents living in conditions of mass violence in South Africa	Dr Alberta Susanna Johanna van der Watt
16:10 - 16:35	Network analysis of trauma-related mental health comorbidities in Ukrainian adolescents under continuous traumatic stress	Prof Larysa Zasiiekina
16:35 - 17:00	The Youth-GEMs project: Gene-environment interactions underlying mental health trajectories in youth across Europe	Dr Jaco Rossouw
17:00 - 17:25	Early developmental stress, sleep disruption, and the emergence of PTSD in adolescence: A biopsychosocial and intervention-focused perspective	Prof Bart Rutten
17:25 - 17:45	Childhood abuse and neglect are not the same: Differential associations with perceived discrimination and structural change in neural circuitry underlying empathic response	Dr Melike Fourie
17:45 - 18:45	INA ANNUAL GENERAL MEETING	
19:00	CONGRESS DINNER & AWARDS	HALLS B/C

SUNDAY 29 NOVEMBER

07:30 - 08:30	TRADE SPONSORED BREAKFAST SYMPOSIA	
08:30 - 10:00	PARALLEL SESSION 5	
	PARALLEL SESSION 5A - The ethics of neuroscience and psychiatry practice	HALL B
08:30 - 09:00	Global access, risks and applied use of neurotechnology	Dr Sahba Besharati
09:00 - 09:30	Guideline development on termination of a doctor – patient relationship in psychiatry	Dr Mvuyiso Talatala
09:30 - 10:00	Bridging Mental Health and Human Rights: Advancing Person-Centered Care for Older Persons	Prof Carla Kotzé
	PARALLEL SESSION 5B - Mental Health and Obesity – lessons from Clinical Practice Guideline for the management of obesity in adults in South Africa (released November 2025)	HALL C
08:30 - 09:00	Conceptualising Obesity and it’s treatments	Dr Wayne May
09:00 - 09:30	Psychological Interventions in the management of obesity	Prof Jason Bantjes
09:30 - 10:00	Psychiatric aspects of obesity care	Dr Kathleen Mawson
10:00 - 10:30	TEA/COFFEE	EXHIBITION HALL
10:30 - 12:00	PLENARY SESSION 5	HALLS B/C
10:30 - 11:15	Keynote 10: INA Lishman Oration Award - From Infection to Intervention: The Development and Delivery of Behavioral Trials in People with HIV	Prof John Joska
11:15 - 12:00	Keynote 11: Mind the gap: Toward integrated care in functional seizures	Prof Chrisma Pretorius
12:00 - 12:15	CLOSING	
12:00	LUNCH BOXES & DEPARTURES	

POSTER PRESENTATIONS

FRIDAY 27 NOVEMBER

12:45 - 13:45	POSTER PRESENTATIONS	FOYER AREA GROUND FLOOR
	Posttraumatic stress disorder from childhood to adulthood: Is early diagnoses, early intervention and prevention possible	Dr Jaco Rossouw
	Distinguishing Complex PTSD from Borderline Personality Disorder: A Latent Class Analysis in a South African University Sample	Mr James Rink
	Adolescent Sleep Disturbances, Trauma Load and Depression: Link to PTSD Symptom Severity	Ms Erin Hector

Association of maternal childhood trauma with child neurobehavioural outcomes: a scoping review	Ms Dinisha Giga
A Multidimensional View of Treatment-Resistant OCD: Integrating Polygenic Risk, Psychiatric Comorbidity, and Social Determinants Through Machine Learning	Dr Jodi Kutzner
A case-control study of obsessive-compulsive disorder (OCD) phenomenology in Kenya and Uganda: Results from the NeuroGAP Psychosis project	Prof Christine Lochner
Resting-state functional MRI of compulsivity and impulsivity and associated features across compulsive-impulsive disorders	Dr Ian Olivier
Amygdala and hippocampal subfield volumes in adults with social anxiety disorder	Dr Ziphozihle Ntwatwa
Problematic Alcohol Use among High School Teachers during the COVID-19 pandemic in the Western Cape, South Africa	Ms Gift Nyiko Mabolani
Assessing burnout and major depressive disorder in registrars: a study in Bloemfontein's public hospitals	Dr Petrus Gerhardus van Wyk
Prevalence of common mental health disorders and associated factors in sexual and gender minority youth in Nairobi City County, Kenya: a cross-sectional study	Dr Stacy Njani
An Effective Framework for Managing Mental Health for South African Athletes	Mr Kagisho Matolong
Trauma, Healing, and Human Resilience: Pathways from Silent Scars to Post-Traumatic Growth	Ms Priyanka Kisten
Biological correlates of temperament: empirical studies and a conceptual framework linking neurotransmitter signaling, intrinsic brain activity, and the hyperthymic-depressive spectrum	Dr Paola Magioncalda
Investigation of auto-immune thyroglobulin (TG) targets in the adult human cerebellum	Ms Kamohelo Lettie Mokhudu
Autoimmune targeting of sodium iodide symporter (NIS) in the adult human limbic brain: Potential implications for mood regulation and neuropsychiatric function	Dr Meleshni Naicker
Localization of the Autoimmune Thyroid Target, Thyroid-Stimulating Hormone Receptor (TSH-R), Within the Adult Human Cerebellum	Ms Sancia Govender
Investigating host genetic and gut microbiome interactions in common psychiatric disorders within a South African cohort	Mr Connor Nell
Investigating the Gut Microbiome in Parkinson's Disease, Schizophrenia, and Posttraumatic Stress Disorder	Dr Carlien Rust
Exploring maternal salivary DNA methylation patterns in the context of alcohol use and infant Fetal Alcohol Spectrum Disorders diagnosis	Ms Lauren Martin
Association between biological measures of age and neurocognitive and depressive symptoms in women with HIV and childhood trauma	Mr Kabelo Mabokane Simon Maloka
Brain age gap as a predictor of neurocognitive function in South African adults: the influence of genetic factors	Ms Caitlin Short
Association of early life adversity with internalizing and externalizing behaviour in children in 3 low- and middle-income country cohorts	Dr Sheri Koopowitz
Early childhood working memory following exposure to antenatal socioeconomic adversity or maternal depression in a South African birth cohort	Ms Onethemba Xoma
Atypical extended salience network connectivity in infants exposed to antenatal maternal depression in the ENIGMA-ORIGINS consortium	Dr Farai Mberi
Prevalence of tobacco use and severity of nicotine dependency in an inpatient recovery program	Dr Anben Pillay
The perceptions, understanding, and experiences of cannabis-derived products among independent-living older adults: a qualitative exploration of CBD use and product compliance in the Western Cape	Dr Norma Mohr

SATURDAY 28 NOVEMBER

12:45 - 13:30

POSTER PRESENTATIONS

Understanding the relationships between blood pressure, antihypertensive use, cognitive decline and dementia: IPD meta-analyses from the COSMIC Consortium	Dr Matthew Lennon
The outcomes and cost-effectiveness of an interdisciplinary clinic for Functional Neurological Disorders	Dr Matthew Lennon
Neurosyphilis Masquerading as Alzheimer's disease progression in a 77-year-old male: overcoming anchoring bias in cognitive decline	Dr Nithya Sowndharayaa Thangathiruppathi
A lifestyle intervention program maintains brain volume, assessed using the corpus callosum index (CCI) as surrogate marker, and protects against disability in multiple sclerosis (MS)	Ms Mariaan Jaftha
Huntington's disease prevalence in Asia: a systematic review and meta-analysis	Dr Basavaraja Papanna
Mental health related quality of life and factors associated among people with severe mental illness in southwestern Uganda	Dr Scholastic Ashaba
Bridging the Literacy Gap in Cognitive Assessment: Development and Validation of the Ethiopian Cognitive Assessment Battery for Schizophrenia version 2 (ECAS-2) and the Non-Literate version (ECAS-NL)	Dr Yohannes Gebreegziabher Haile
Utility of the READMIT clinical risk index in a resource limited setting in Cape Town, South Africa	Dr Luzanne van der Colff
Blood-Based Proteomics for Tardive Dyskinesia: Data from Data from a China Tardive Dyskinesia Cohort	Prof Junliang Yuan
Lithium prescription patterns for bipolar disorder at a psychiatric hospital in KwaZulu-Natal	Dr Ntibelleng Motebele
Caregiver Burden and the related factors among family caregivers of older persons with schizophrenia: A Mixed method study	Dr Winnie Ngcobo
Substance Use Patterns Among Acute Psychiatric Referrals to Stikland Hospital: A Retrospective Analysis of the Vula Database	Dr Juandré Kloppe
Alcohol use and alcohol use disorders as a mediator between common mental disorders and antiretroviral therapy adherence among people living with HIV in Tanzania	Dr Florian Emanuel Ghaimo
Epigenetic Effects of HIV and Childhood Maltreatment in Women	Ms Aqeedah Roomaney
Differential associations of cardiovascular risk factors with psychosocial factors in psychiatrically healthy adults: A network analysis	Ms Padiso Matsole
Prevalence and factors associated with depressive symptoms among adults with glaucoma at a tertiary hospital in Tanzania: A cross-sectional study	Dr Jawaher Rashid
Forensic psychiatric outcomes of adult male defendants charged with minor offences: single outpatient versus inpatient observations at Sterkfontein Hospital.	Dr Nicole Stephanou
Diagnostic accuracy of artificial intelligence in assessing fitness to stand trial and criminal responsibility: A mixed-methods study	Dr Kajal Patel
Extreme weather events and mental health outcomes in the Western Cape of South Africa	Ms Amogelang Ramatsetse
Heat exposure, PTSD severity, and immune markers in trauma-exposed adults	Dr Carlien Rust